

LPC Supervision

Clinical supervision has been defined as a senior member of the profession mentoring a junior member of the profession. This is a very different relationship than that of counselor-client.

Master's Level Interns and LPC-Internship Opportunities

Clinical supervision of Licensed Professional Counselor Interns is available for a limited number of applicants. Applicants must provide evidence of having passed the NCE prior to beginning supervision. LPC-Interns must also provide a copy of a certificate of current liability coverage prior to the commencement of supervision.

To get started on your packet for the LPC-Intern application go to http://www.dshs.state.tx.us/counselor/lpc_forms.shtm

Supervision FAQs:

How often do I need to engage in face-to-face supervision sessions?

The minimum weekly face-to-face contact with your LPC supervisor is one (1) hour; these sessions are conducted one-on-one. Group supervision sessions are offered to all of the LPC interns not to exceed more than half of all supervision meetings.

My clinical supervision services includes 24/7 coverage of the temporary license with my full license whenever an LPC Intern is working as a counselor. The Texas State Board of Examiners of Professional Counselors sets forth strict rules and regulations. Therefore, I do require strict adherence to meeting weekly.

What does supervision involve?

Supervision focuses on the supervisee's development of personal identity as a therapist, including issues of emotional awareness, motivation, competence, and autonomy. A significant amount of time in supervision is dedicated to building competency through guided readings, case reviews, and supervisor-guided self-assessment. Supervision also involves acting responsibly with personal integrity - on the part of the supervisor and supervisee. Since the supervisor's primary responsibility is the protection of the clients the intern is working with, the ethical behavior of the supervisee with each client will be scrupulously reviewed during supervision. The supervisor-supervisee relationship can be cancelled for any reason by either party at any time if it is not working out.

What is the State of Texas LPC Intern process?

- **Masters Degree or PhD in Counseling or Psychology from an accredited university and completion of all classes and practicum as required by the LPC Board. For more detailed information go to the LPC Board's website at: <http://www.dshs.state.tx.us/counselor/>**
- **Successful completion of the National Counselor Exam (NCE)**
- **Apply for LPC Licensure (also known as the temporary license). All LPC Intern documents are to be sent to the Texas State Board of Examiners. Your application process may take up to six weeks to be processed.**
- **Interview potential supervisors. Complete a supervision contract form, which both parties must sign.**

- **An Intern must obtain 3000 total clock hours while under supervision, 1500 hours must be direct client contact during a minimum of 18 months.**
- **The LPC Intern license will no longer be eligible for renewal or extension. The license will now be issued for a 5-year time frame with no provision for renewal or extension beyond the 5 years.**
- **Maintain accurate records of logged hours, supervised hours, and supervision notes.**
- **Please refer to the Texas Administrative Code for information:**

http://www.dshs.state.tx.us/counselor/lpc_rules.shtm