

To "Let Go" Takes Love

- To “let go” does not mean to stop caring it means that I can't do it for someone else.
- To “let go” is not to cut myself off; it is the realization I can't control another.
- To “let go” is not to enable, but to allow learning from natural consequences.
- To “let go” is not to try to change or blame another, it is to make the most of myself.
- To “let go” is not to care for, but to care about.
- To “let go” is not to fix, but to be supportive.
- To “let go” is not to judge, but to allow another to be human being.
- To “let go” is not being in the middle arranging all the outcomes but to allow others to affect their own destinies.
- To “let go” is not to be protective it is to permit another to face reality.
- To “let go” is not to deny, but to accept.
- To “let go” is not to nag, scold, or argue, but instead to search out my own shortcomings and to correct them.
- To “let go” is not to adjust everything to my desires but to take each day as it comes, and to cherish myself in it.
- To “let go” is not to criticize and regulate anybody but to try to become what I dream I can be.
- To “let go” is not to regret the past, but to grow and to live for the future.
- To “let go” is to fear less and to love more.